



The heat-ometer suggests the difficulty or challenge the homework may offer. You should attempt at least two 'Extra Hot' task. Complete a total of 6 tasks from the take away menu plus the homework section. Don't forget to read for 15 minutes every day. There is also additional work in your pack – these are compulsory.



RE	Creative Curriculum	Science	Other
Think about the things that make you hopeful in these hard times. Find an empty jar and decorate it as your Jar of Hope. You could use the template on the CAFOD website. Write down the things that you are missing doing at the moment and put them in the jar. This way, once the current crisis passes, you can look in your Jar of Hope and celebrate and appreciate being able to do things again.	<u>Music composition</u> Find a suitable film trailer that you can watch with the sound off. Your job is to compose some music that could be used in the trailer. You need to consider how the pace might change with the action and how different instruments might be used to convey emotions. You can choose your own trailer but here are some which work well: https://www.youtube.com/watch?v=TQhRqgtt-Fpo – polar express https://www.youtube.com/watch?v=VML6rQWssSk – wonder park https://www.youtube.com/watch?v=oKiYulsPxYk – how to train your dragon https://www.youtube.com/watch?v=szby7ZHLnkA – sonic the hedgehog You will need to use either a physical or virtual instrument. Virtual instruments can be found at https://www.virtualmusicalinstruments.com/ or on apps such as garageband.	Produce an educational programme for children all about how light enables us to see. https://www.bbc.co.uk/bitesize/topics/zbssgk7 You may want to use pictures or diagrams, or even props to support your explanations in the programme. https://www.twinkl.co.uk/teaching-wiki/refraction (for investigations below)	Write about 3 things you have done recently which you are proud of.
Go for a walk with your family, make a list of all the things you can hear and then write a Thank you prayer for all that you are thankful for.	Choose your favourite song (or one of and suitable for your age) and research why it was written, who it was written by, which instruments are used, highest placing in the charts etc. Create a factfile using your findings.	Investigating refraction. You will need: Small piece of paper (sticky notes are ideal) Glass (or transparent plastic cup) of water, jug, saucer Draw a horizontal arrow on a small piece of paper and hold it behind a glass of water. Predict what you think is going to happen to the arrow. What happens to the arrow? Second investigation: Draw a small picture on a piece of paper. Place the glass of water on top of the picture, then look at the picture through the side of the glass whilst slowly pouring water in. Once the glass is full, place the saucer on top. Again, make your prediction first, and then describe your observations. What is refraction? Evaluate, record and explain your findings.	Tell someone about an event in your life which was meaningful and why.
Learned and Wise Write a letter to yourself about things you have learned over the last few weeks. How has this made you wiser in your choices and how you live your life as a follower of Christ.	Use what you can find around the house to make a musical instrument. Is your instrument going to be a percussion instrument like a drum or a string instrument like a guitar? See what different tones or sounds you can make when you play your instrument. Cardboard boxes, elastic bands, milk bottles, toilet rolls, food packaging all work well to create your instruments. 	Using mirrors in your home – handheld if possible (don't move mirrors in your home without parental permission!), investigate how light travels. Write/draw your findings.	Think about how your actions affect others. Write a prayer to express this.
Collect some natural items from your garden or outside. Use these to create a nature picture showing God's wonderful creation. You could create a background by using bark rubbing. You could use petals to make a sun in your picture. Pebbles could be made to create people.	<u>History</u> Many battles have taken place in history. Shields were used commonly to protect soldiers and would often have symbols to show who they belonged to. Create your own shield with symbols today. You can use different materials to do this task: cardboard, paper, lego, material etc. Research some of the meanings of symbols on shields before starting your task. 	Think about how important light is in our lives. What do different light sources enable you to do? How else is light present in your life? E.g. your faith. Write an explanation text about the importance of light.	Share an inspiring quote with others to give them a boost